Yeah, so, uhh, this is the inner workings of Transcendental Meditation. Welcome to the beginning of a giant rabbit hole. David Lynch is the spokesperson of this group.1 His work is highly influenced by this group, and much of his art surrounds the practice. (SIGHS) a whole lot of it. 2

Many people have positive experiences with this organization. But according to former members there is a darker side not as many people see. 3 Most people are untouched by its esoteric practices. Most people who walk into a TM center, learn to meditate, that's it. 4 Those people normally get rightfully defensive when people talk about this stuff,
(Pertaining to the people on rubber mats) ...you are most likely just as confused as everyone else with what you are seeing here."

"Most Transcendental Meditators recite a mantra, or a word in there head repeatly 40 minutes a day, which can lead to altered states of consciousness. 5 this is a lifestyle change in its own right, but not quite in the inside of the organization. The inner part succumbs to living within the TM Movement full time adopting its philosophy, community, and practices. 6 The inner workings are where members adhere to the organization with total commitment. 7 They declare oaths of servitude, 8 their mail gets screened, 9 and they are watched by a "vigilance Commitee." 10 Their environment is one where "one can't be allowed to read the news or talk to family members. 11 According to survivor Mike Doughney To pursue TM to its end can cost over $10,000 per year. "Transcendental Meditation has been called a "client cult." That's what sociologists such as Rodney Stark and William Sims Bainbridge called this type of religious business. 12 It is a fee-based organization but acts within the hierarchies of a religious sect. Outward it seems more like a business, inwardly a new religious movement.13 A 1980 study of the organization through a German court separated it much the same way with what they called the "public level", and the "esoteric level."14 Throughout this video we are primarily concerned with the "esoteric level." Dr. Steven Hassan who is "one of the world's foremost experts on mind control, cults and similar destructive organizations,"15 illustrated this drawing here16."

"There are people who buy the product who are not even in the triangle and then there are teachers, and people higher up in the pyramid."

"American courts have judged it as religious in nature as far back as 1979. 17 Inwardly there are prayer ceremonies, rituals and other such practices that would give it a religious distinction. 18 Transcendental Meditation is a Hindu group in its nature, specifically surrounding a type of Hinduism called non-dualism or Neo-Advaita Vedanta. The qualities of the organization are Hindu, but these Hindu qualities are often presented with sterile scientific rhetoric. 19 " In this scientific rhetoric TM explains that everyone and everything is a part of a Cosmic Body that is also God. 20 They explain that God is a body of electromagnetism. They also explain that we are like radios sending good and bad signals off into the world by every thought, word and action.21 There is a belief in TM that meditation can stop car crashes from occurring or wars from breaking out. The reason why the cold war didn't break out was because people thought happy thoughts, bought TM's Mantras, and built peace creating

real-estate! 22 TM professes that we are in a bad time right now called the Kali Yuga. To counter stress, one must meditate or bounce on one's butt to bring about bliss throughout the cosmic body. 23 The destressing of the world through jumping on your butt is called the Maharishi Effect. This will bring about a better time called a Sat Yuga, and then a utopia.

The holy texts that they use are fluid but Hindu. It's common to see people reciting the Holy Vedas,24 Yoga Sutras,25 Yoga Vasistha26 and the Upanishads,27 The leaders make commentaries on the Bhagavad Gita,28 and The Ramyana.29 You once in a while see Bible quotes but it gears towards eastern texts.30 And all those external quotes are in service of The Holy Vedas which are 'The Laws of Nature.' 31 Meaning the Holy Vedas are what is seen as the True religion.

The religious qualities of the group are hierarchical. Higher levels recite passages from the Holy Vedas, 32 and upon completing a top-level course you get to bring home your very own Rig Veda. 33

"While Hindu, it's not uncommon for people to take a pantheistic approach to these core Hindu concepts. 34 The common rank and file member often describe themselves as "spiritual." David Lynch's art is just as eclectic. Using Buddhist, Taoist and other new age influences. Mark Frost, the co-creator of Twin Peaks has told me the same of his faith. 35

Anyone can practice Transcendental Meditation, however, to practice Transcendental Meditation one must recite a mantra over and over in your head like so...:

"Shirim-Shirim-Shirim..."

TM calls this a sound vibration. 36 They tell you that each given mantra is unique to everyone. 37 This isn't so. these are really the names of Hindu gods in Sanskrit. 38

This is prayer, and the TM organization does not disclose they are using prayers. Hinduism is a beautiful religion. However, Transcendental Meditation should disclose that there using prayers to those not of the Hindu faith. It's unethical.

So... David Lynch is trying to put Hindu prayers in schools by the way of the David Lynch Foundation. 39 As of writing he is currently facing a lawsuit in Chicago. 40 David Lynch is putting children before an alter, and teaching them to pray to gods. And yes, David Lynch and his foundation doesn't disclose that this is religion to them.41

BOB ROTH:

"I have been asked if these sounds are the name of Buddhist Gods, or Hindu deities and I have to answer with a straight up no!"

"That's a straight up FUCKING lie."

Okay, this is a verifiable lie. 42 I can just Google that shit. I can literally learn the words, put them in a search engine, and BOOM! 43

If you are practicing Transcendental Meditation, you may be praying to Saraswati, Lakshmi, Bhuvaneshvari, Kalika, Krishna, and Agni, 44 and not know it. Which understandably, depending on your faith may make you uncomfortable."

The following is a list of super-secret mantras.

Ram, Shiriram, Eng, Em, Enga, Ema, Ieng, Iem, Ienga, Iema, Shirim, Shiring, Kirim, Kiring, Hiring, Sham.45

Boom saved you 420 to 980 dollars.

"That's not all, to learn Transcendental Meditation, one must do a religious ceremony called a Puja. If you were to go on Google right now and you were to type in P-U-J-A. The dictionary would define it as quote: "the act of worship." 46

Not many people who practice Transcendental Meditation know this because Transcendental Meditation doesn't disclose this. Freedom of Religion is important, because it goes all ways.

In this Puja, the children take part in it actively by giving flowers and a white cloth which is a religious offering. 47 People pray while the child is at an alter. They pray in Sanskirt to the following in a foreign language, Lord Narayana, Brahma, Vasishtha, SHAKTI, Parashara, Vyasa, the great GaudaPada, the personified glory of the Lord, Guru Dev, and then finally pray to the very embodiment of knowledge, The One, the Eternal, the Pure, the Immovable, the Witness of all intellects, whose status transcends thought— yes, the Transcendent!!! 48The Transcendent in Transcendental Meditation copyright/ trademarked/ registered, is God.

The phrase I bow down, is uttered in this invocation ritual 24 times. 49 TM and David Lynch are not telling children this. They are not telling parents this. 50 TM and David Lynch are not telling anybody this.

The reason they select inner city kids, is to counter "stress." 51 Or at least that's what they say their intent is. These children who are in poverty are often food deficient, and this organization is offering pizza as an incentive to come learn. 52 Kids get sent to the principal's office if they don't comply in practicing Transcendental Meditation. 53

"The David Lynch Foundation is really nothing more... in my opinion... than a front group for TM, and in my opinion TM is a belief system it is a spiritual religious belief system and... the idea that the Lynch foundation wants to go into public schools in the United States that are supported by tax payers in my mind it's a violation of church and state separation."

Transcendental Meditation has been called a cult by a variety of different sociologists, professors, 54 researchers, cultural critics, psychologists, organizations,55 56 57 and has been subject of inquiry by entire countries.”5859 Such as Germany and France.

This is not limited to Michael Persinger in TM and Cult Mania.” 60 “Dr. Marc Galanter, in the book Cults: Faith, Healing and Coercion61” “Late American intellectual and skeptic Carl Sagan calls it perhaps the most successful recent global pseudoscience— by many criteria, already a religion.” 62Roy Wallis describes TM as cult-like in: The Elementary Forms of the New Religious Life63 He notes how on the outside there are people all over the spectrum of belief who just meditate, however, the indoctrinated are made to have a belief system they act on. (As illustrated earlier with the butt bouncing)

Sociologist Camille Paglia, calls it “the major Asian Cult of the 60’s.”64

And the list goes on.

Now, before you decide on whether you want to attend a workshop, spend money on a mantra, donate to a foundation. or attend a meditation retreat just keep this in mind, that experts have found this a problematic organization.

Patrick Ryan, cult expert who broke free from the organization told the Washington Post that the group is “totalitarian.” 65 According to Ryan in the 50 some years TM has been around, 40,000 people have joined to become teachers. 66 This doesn’t mean that all those people have been subject to totalitarian environments though. This, whatever this is, is massive, but the hierarchies vary depending on what your role is and what service you provide in the organization. 67 It’s not just one thing.”

“Oh yeah, you're probably wondering about the butt bouncing. I neglected to talk about the butt bouncing! It's a course that cost 5000 dollars to learn. Afterwards you are meant to pay for many, many more courses to become higher up in the pyramid. What these people are trying to do is fly. 68

They are not really flying. But I suppose that goes without saying. According to one of the heads of Transcendental Meditation, this is just a “hopping phenomenon,” as of right now. 69 But God willing people will fly.

This collection of cockroaches in a human skin suit is Dr. Bevan Morris. Dr. Bevin Morris is having the worst day of his life,

Dr. Bevin Morris states here that jumping up and down on your bottom will cause world peace, a position of the Transcendental Meditation organization. 70 When you donate to Transcendental Meditation, you are donating to world peace. What I mean when I say world peace, I mean people jumping up and down on their butt for 6 hours a day, every day.

It is worth noting that Dr. Bevan Morris is not a traditional doctor. 71 Most people we are going to talk about are not “normal” doctors.

He is more of a honey bear squeeze bottle container than anything. When I use the word doctor, remember I’m using the word with the caveat that they got their doctorate from a university that doesn’t believe in gravity as a constant. David Lynch is also an ”doctor.“ 72 The two of them have a doctorate in ”world peace.” Most of what David Lynch is advertising is just the basic meditation. Although Lynch espouses the pseudo-science of the group which includes the ability to fly. David Lynch himself is a yogic flyer. 73

“That is what they call this.”

No one has seen other people fly. 74 75 Because people cannot fly. Legal action was brought about the organization by many, notably, Patrick Ryan, and a man named Robert Kropinski, who brought forth 40-some people effected by the TM organization. 76 Kropinski attested to suffering both psychological and physical troubles during his time at the organization. He was awarded 137,890 dollars for fraud and negligence. This was overturned on appeal. 77 Pat Ryan and many others settled out of court.

Ever since the sixties the organization has promised the ability to fly, to walk on water, to transmute your body through material surfaces, and a variety of other supernatural feats. 78 79 One of these supernatural feats promised was immortality. 80 The leader of the organization who promised immortality,

is dead. 81
Deceased.
No longer with us.
Yeah. Curious.”

NARRATION CONT.:

Flying, according to Transcendental Meditation is a scientific phenomenon. You’ll probably not be surprised when I tell you that TM does it’s own science. Survivor of the T.M. organization, Mike Doughney did an incredible deep dive into the organization’s “scientific” findings. He found of the 100 papers currently listed on the tm.org website that qualify as original research,...92% of them name at least one author who has a known formal relationship with The TM organizations.

Okay I’m going to spare you the 700 research articles from the journal which claims man has the ability to fly. Just know that TM reasearch has proven that TM is the best thing since sliced pizza lunchables, and the rest of the scientific community thinks it’s pretty okay.

The biggest collection of TM research is on wikipedia, they make it a point to bold researchers that have affiliation with TM. This bias has been an ongoing problem. Patrick Ryan calls this type of science “painting the target around the arrow.”

Transcendental Meditation was brought from India to America in 1959 by the way of the Spiritual Regeneration Movement.83 The method was said to be passed down from a long linage of Hindu scholars but it was said to be revitalized by a man, who called himself his Holliness the Maharishi Mahesh Yogi.84

TO many, he was seen as a messianic figure, whose commercial product could save the world. David Lynch in an interview with Claire Hoffman described what it was like to look in Maharishi Mahesh Yogi’s eyes. He tells Hoffman,

“I met Maharishi the first time face to face in 1975 in Los Angeles, California. It was... the Spiritual Regeneration Movement in LA, where I had started meditating. Maharishi came to that center and it was his last visit, and I was there that night, along with three or four hundred people.”....“My friend had gotten a bunch of flowers to present to Maharishi and I handed him my flower and for the briefest moment our eyes met and when Maharishi looks into your eyes, and he looks into yours….well…it’s an incredible, incredible moment."

For a man in robes, Marahishi sold himself as someone very down to earth. He was always laughing, counter to the culture of the rigidity of hindu monks and the church. Mahesh was selling enlightenment but first he was selling happiness. He took on the persona of the enlightened man, dressing the part.

The Maharishi dressed in purifying white, his hair flowing long, with a prop flower always in his hands. He used this flower to speak of abstract metaphores of the nature of being. The Milleu of the presentations, are sometimes lit in etheral lighting, the camera, centered dead on the Yogi face, his message inexcapable from the viewer. There was a sense of ceremony, a man would place a deer skin on the chair where the Maharishi sat. Some one would set out some fresh flowers for him. The sets looked similar to a royal court, or a characture of a old indian garden. In the audience all eyes where on the Yogi, engrossed as he drip-feed his message of bliss, love, and God realization.

In the 2010 documentary, David Wants to Fly we see Mahaishi’s former followers keep remenents of their former guru, keeping sandles and locks of his hair. In interviews he’s painted as kind, humble and wise.

While the Yogi had a following prior, the reason people were drawn to the Yogi was essentially just because the Beatles practiced his meditation. This left people wanting to try it. In 1974, the Transcendental Meditation organization bought Parsons College, completely remodeling it and set up the Maharishi Institute of Management.85 There they created a community they hoped would be a utopia. This would become the central hub of the movement.

The Yogi spent the majority of his career building up centers, training teachers and pundits writing books, and giving lectures. The Maharishi Mahesh Yogi isn't a complicated figure to sus out. While many devotes speak highly of him, it takes very little research to start finding holes in these stories. For instance, he could not fly.

Maharishi Mahesh Yogi built his empire selling salvation at a thousand-dollars-a-prayer. He was a ruthless man, a predator, to what extent we will never know. The Illustrated Weekly of India followed the building of a single ashram now a University. The workers speak of a very different man than the humble giggling guru we see on these old TV programs.86 In India, his workers worked dirt cheap, they lacked medical care, and their food was said to not be fit for animals. Malnutrion and dehydration was common.87 Every year of construction 4-6 children died on average because of dehydration.88 This occured during 1984-87. We don't know how many children died, but we do know some names and when they died. Sexual abuse was reported by a boy as well in the ashram under the supervision of Maharishi. We have the name of the abused. I don't know what became of that person.

All his workers had to eat was rice. So when the bugs got into the rice people complained! Upon showing him the food the Maharishi Mahesh Yogi got agitated and said that they put the bugs in there own food supply "to defame him." The workers then began to strike. However Mahesh waited it out until they where half starved and needed the money.89

Around the same time Mahesh couldn't secure rice for his workers he was buying up real estate half a world away. Most of TM's money is not in meditation, it's in real-estate. Y'know the Eyes Wide Shut house? The one with the orgy? Y'know batman's house? Same one. When his employees needed rice without bugs in it the Maharishi Mahesh Yogi was getting ready to buy the Eyes Wide Shut Orgy house in Britain. He used that house to be the center for his political party called the Natural Law Party. His luuck caught up with him by the way of the Indian Tax authorities, where the Maharishi seemingly fleed India to Vlodrop Holland. There he suffered a fall. Notice Maharishi never stands up before the cameras or meets anyone in person in his later years. This is most likely the reason.

Prior to his death he appointed this man to head the company. This is King Tony Nader. Yes, David Lynch believes in kings. King-Dr.-Tony-Nader is the current leader of the organization after the Maharishi died. He is also "The King of the Universe."90 The Transcendental Meditation organization gave him a crown, as well as his weight in gold.91 That's him on the scale there. They call also call him Maharaja, which means great king, Adhiraj which just means king, and Rajaraam which means king of Rama. Rama is from the Ramyana and is a incarnation of vishnu. So his name really means Doctor Great King, King, King Rama Tony Nader. I mean you can call him that if you really want, I call him a massive piece of shit. Tony Nader made his name in TM by pairing 40 aspects of Vedic literature with Human Physiology and promoting Maharishi's Vedic Approach to Health. He was a director of that group. It should be noted the American Medical Association reported that nearly one out of ten Maharishi Ayurveda products tested contained heavy metals. A 1991 British case found two physicians guilty of using Maharishi's Vedic Approach to Health in the unsuccessful treatment of HIV. Tony Nader using his title as a doctor promotes this alternative medicine. The phrase alternative medicine is important as it is alternative to medicine. Meaning it is not medicine. Tony Nader promoted this product in over 50 countries. And then the piece of shit was given a crown and a mansion.

What Tony’s job seems to be is to manufacture dubious science that correlates with Hindu ideology so he can take advantage of the weak and the vulnerable. That is my opinion. This is much like how he is going after school children in vulnerable situations.

He and the rest of the superhuman crew want to set up what they call a "Global Country of World Peace," they created their own currency,called Raam.92 They unsuccessfullu tried to establish an 8,654 acre country similar to the Vatican93, they also wanted to have their own central bank. The prime objective is to build a one world country they want to be a utopia. This utopia they are building is a capitalist utopia with a top-down hierarchy. You and me, we don’t have crowns, so we are the ones at the bottom. Tony is the one at the top. As far as I know, the kings are the ones who get to oversee the currency of the one world government and are the ones who are total rulers of the earth. Our job as the peasant class is to bounce up and down. That’s it. Behold the future of governance, world domination via butt bouncing.

What this butt bouncing really is, is just a point of concentration, a suggestion, peer pressure, repetition, and a method of exhaustion. The concentration is with a phrase they meditate on. They say over and over again internally, “Lightness of cotton fiber relationship of body and akasha.”94 They say this every 15 seconds, and they hop on their butt for 3 hours a day, twice a day. When they take breaks, they meditateas over and over again. Alongside that, they recite the same sections of a holy text over and over. This delirium and focus on a repetition brings about altered states of mind that they perceive to be pleasurable or otherworldly. People really do sometimes feel like they are flying.95 To the faithful this feeling of bliss is an unexplainable, tangible, spontaneous thing, and a connection to God. To get these effects it’s a long and hard process. But they do come. Patrick Ryan recounts his experience watching people under this hypnotic spell barking like dogs and getting naked and watering plants. 96

If you want to learn meditation, I have put a link to Dr. Herbert Benson’s Relaxation Response in the comments below. It’s the same technique as Transcendental Meditation but secular. You will get the same health effects. We have known this since the 1980’s. Unlike TM you don’t have to pay for it. You click on that video you save upwards of 980 dollars. It’s 10 minutes of your time. I want as many people to learn meditation as possible because it’s a positive tool. Meditation is for EVERYBODY! NOT JUST THE RICH! If you know anyone with the following diseases or disorders that may need such a tool you might want to send them that video.

In this part of the video I have to talk about negative things about meditation. Which many of these people are at risk of experiencing since they do it so often. I’m not bashing meditation, I just think we need to be more open about the health risks.

Meditation is not for everyone.97 All our brains are different. So if you get uncomfortable meditating, don’t meditate if your body is telling you not to. Don’t force yourself into something you don’t want to do. And for the love of god don’t make anyone make you do something you don’t want to do. There

isn’t just one way to meditate either. There are many avenues to Zen. Find yours.
Its important to note that meditation may cause unwanted side effects. According to some research studies 25 percent of meditators have had problems.98 But most of these unwanted side effects are seen as bignin by the meditators.99 I sometimes can go into dark places when I meditate. If you are a trauma survivor keep that in mind.
What really worries me is when one meditates for too long. Long term meditation is understudied, probably because it’s just not a thing many of us do. I‘m talking about 6, 8, 12 hours. We know there are side effects. We know that it’s unhealthy, we know that it can lead to energy problems, disrupted sleep, anxiety, dissociation, feeling emotionless, problems making decisions, memory lapses, cognitive impairments, social withdrawal, hypersensitivity, among others.100
We don’t know a lot about it, though. What’s funny here is that meditation can help a lot of these things, but can cause these things. 101 It’s contextual, learn your limits.
Anyway, I mentioned a German court study on Transcendental Meditation at the beginning of the video there study found that 76%102 of people who did Transcendental Meditation for long periods of time 6-8-10-12 hours a day experienced psychological disorders and 26% of them had nervous breakdowns.103
At the TM research place the really sick members are called “space cadets.” 104 When the TM people do research, they avoid unwell meditators when doing experiments.105 The prolonged meditators. 106 I mean these everyday 6–8 hour ones, were admitted to mental institutions due to psychosis,107 or committed suicide.108 This isn’t an isolated phenomenon. Take this one study in 2017, a group of 73 western Buddhist monks, not TMers, where interviewed. 42 hallucinated, 82 percent experienced fear, anxiety, panic, or paranoia. And 17 had to be hospitalized.109
Alongside this, TM is anti-psychology110 and yes, this seems to be the case even after the Maharishi died.111
Kai Druhl, who had left the TM movement, said that he recalled students being told not to take schizophrenia medication and told to meditate instead.112 This led to mental breakdowns. This is a thing innate to the culture of TM.113 People believe that meditation, hopping on your butt, and herbal supplements is a pathway to perfect health.114 Invincibility, and immortality. When people complain about the side effects, they are instructed to do more.115 Negative side effects are often explained away as de-stressing their karma.116 According to former TMers these dissociative effects are seen as good. Out of body experiences from dissociation are explained as self-witnessing. People think they are viewing themselves from another viewpoint in the cosmic body. Yes, bringing about one's mental illness is literally one of the steps to enlightenment to TM. It’s weird to imagine that something as good as meditation can have unwanted side effects. I’m going to post three good articles of testimonies of long-term meditation, one in the Atlantic,117 the other in Harper,118 and the final in a Buddhist magazine called the Tricycle.119

So, this leads us to more questions. What's going on in the brain to make people suggestible and feeling the way they do? Well, meditation elevates dopamine.120 The good feeling chemical. According to Dr. David Zilles Wenger, from the University Medical Center of Gottingen in Germany. Longterm meditation brings about characteristics similar to schizophrenia. 121
I don’t want you to get confused, these people are not stupid, what you are witnessing is victims under mind control.122 These people are often smarter than your average person. According to Janja

(Yanyeah) Lalich who includes stories about Transcendental Meditation survivors in her book Take Back Your Life recovering from cults, "...people who join cults are not stupid, weird, crazy, weak-willed, or neurotic. Most cult members are of above- average intelligence, well adjusted, adaptable, and perhaps a bit idealistic. In relatively few cases is there a history of a pre-existing mental disorder." 123 And I can attest to that fact, in my research I have talked to people who were indoctrinated who got out and became nurses, doctors, and business owners. Most of these people are very kind people, by the way. There is a stronger correlation between creativity here than anything.124 This is most likely because the centers of the brain in which creativity is most active relates well to hypnosis. This explains, at least in part, why people like the Beatles, Donovan, David Lynch, Rolling Stones, and The Beach Boys found meaning in this group. There is a chemical component here. Now most of my criticism is not with the victims, although there are victims here controlling victims. David Lynch is a victim but still problematic. It is highly likely he has been the first person in the indoctrinating process for a lot of people. The message of this video is that please continue being a David Lynch fan but beware of what he is selling.

Now, When I use the phrase TM, I can be referring to many things because it is an organization. One of the products they sell is Transcendental Meditation. TM sells TM. Like the Coca-Cola company sells Coca-Cola. It's standard mantra meditation is no different from any other.125 But this corporation has other ventures. So, you got your butt bouncers. They also sell Indian Herbal supplements, crystal therapy because of course they fucking do, and real-estate. It is the dream of the Transcendental Meditation organization to have every single building facing east. Buildings with a southern entrances126 attract rakshasas (devils) and bad karma. On going projects in the works are peace palaces and towers127 which are like science museums for their pseudo-science which radiates peace outward like radio towers. They also consult astrology here,128 there is spa services,129 as well as prayer services where you pay ludicrous amounts of money for people to pray for you. These prayers services are called "yagyas."130 I am not sure if people are actually praying for you, I have yet to see footage of it. In terms of schooling, Transcendental Meditation supplies Consciousness Based Education (which is k-12 schooling, and university schooling.)131 Some children start as early as the age of five learning to meditate. It's a way of life, more than just a corporation, but it's that too. There are Nunneries and Monks who must pay to be monks and nuns.132 One doesn't stay there for free.133 The hierarchy is based on how much you spend. Courses run from 420 dollars to a cool million. It's not just one thing.

To create an environment of subordination, Transcendental Meditation puts controls on the initiator. Silence is the first environmental control. And it starts rather innocently you are instructed never, ever, to the day you die speak your mantra outloud.134 Over time this control of communication leads to mandated silence in meditation domes,135 which then turns to enforced weeks of group silence on advanced meditation courses. It's not uncommon for adherents often to be isolated in locations with limited transportation.136 You might find yourself living in literal barracks in barbed wire fenced-in property with rigid schedules. 137

While the silence is deafening there you may get to listen to bag pipes for some reason, the Maharishi just liked bag pipes so TM just ran with it.138 In certain courses one is forced to sit down and listen to recordings of the late Maharishi Mahesh Yogi on repeat with endless lectures.139 These lectures are

filled with loaded language and are confusing to understand. I've personally listened to Maharishi's teachings just in the background while I'm working. I have listened to maybe 20 hours; a miniscule amount of time compared to others. Maharishi's philosophy is a philosophy, but not with axioms and rational. Maharishi Mahesh Yogi doesn't say much. He touches on Hindu philosophy but uses scientific sounding jargon instead. Maharishi lectures have three main thesis's.

1. TM is a technique to be one with God through meditation.
2. Our world is the field of all possibilities: man can become super-powerful physiologically, psychologically and socially better with the practice of TM. Tm products will stop all bad things from happening if one simply practices and believes in TM.
3. Look to these numerous scientific research studies to prove point one and two.

According to survivor Gina Catina "It was frightening for me to consider leaving the TM community many years ago. I was afraid of the "negativity" and "ignorance" of the world. I received praise and validation within the Movement. The "purity" of our devoted community felt safe, despite regimentation, dogma, professional struggles, repressed stories of child neglect and abuse."140
The Organization sets up arbitrary rules. Your yogic flying might be tainted by eating junk food like pizza or not going to bed on time.141 Pets are dirty. So some people don't get pets. Vegetarian diets are often sold on there college website as a healthy alternative lifestyle. But that's not why they do it. To TM if one is to eat a Slim Jim, you are consuming that cow's karma which takes away from your enlightenment. Certain clothing wards off demons, whites and off whites are often used to do so. It's become more liberal now a days, I have seen footage of people in the domes with blacks on. David Lynch dresses in black, which is forgiven as he is a major donator and vital to the movement. Adherents cut ties with those closest to them and shun those who do not share their heterodox belief system. Again, buildings not facing east is frightening and filled with demons. What is left for them is a carrot on a stick of promises of liberation and enlightenment. If one isn't meditating and instead spending time with their kids it's the business of an overseer to correct this.
"Silence your mind. Close your eyes. At the gate of the barracks there is barbed wire. It's there to protect you. Reporting on one another. That's what keeps you safe." 142
As a person's sense of self is squeezed, the need to connect with the group grows. If you leave, then you may have lost your chance at liberation. And why would you want to leave your community? Family, friend's often disown people who leave the community. If you do descide to choose to have a family outside of TM there goes your enlightenment. Creating a family is out of the question for people who want to be liberated from birth and death cycles in the TM. Having sex and giving birth is a dirty thing, if you're using your lower chakras that stifles the crown chakra for your enlightenment. Children take away from the large amounts of time one is supposed to meditate. Certain testimonies have children just running free while the parents dedicate themselves to their practice. Stories of pedophilia follows.

Courses are so non-stop for adherents, after you learn TM which is upwards of 980 dollars for a five day course you'll get word of the yogic flying. For the yogic flying thats 2000 dollars. And 1570 for a

hotel room. The following is the yogic flying mantra
LIGHTNESS OF COTTONFIBER RELATIONSHIP OF BODY AND AKASHA

So you take that course after that you need a place to practice flying, I am not sure how much that cost for certain I have heard $20?/month, or $240?/year which was 10 years ago but that sounds about right. Next you have four advanced training courses which is 1500 dollars a piece, totalling 6 thousand dollars. On the screen is

Advanced Techniques

Now here they are translated in English.:

Then you may take a weekend retreat. But this varies in price. They are recommended for 4 times year. Here is a list of price points for retreats in the year 2023. Some are more absurd than others like one you sit in a easy bake oven looking camper and read the Bhagavad Gita and they are asking 1300 dollars for it.

To become a TM Teacher that's approximately 10 thousand dollars. It's a job you have to pay to learn.

Then it must be easy to teach, right? Then it shouldn't be so expensive to become a teacher. Rule of thumb you never pay for a job, a job should pay you. Thats the point of a job.

Just by taking a couple of courses and a couple of retreats and taking a job as a TM teacher we already spent 20,000 dollars. That's minute compared to some real horror stories.

To become a nun you have to pay 7800 dollars for six months .In america it's 1000 dollars a month to be a monk so that's 6000 dollars. But you have no income because you are behind barbed wire so people have to donate to you to be a monk or a nun. For those people it's 240 dollars a month. In these adveritisments they act like it's a retreat. It's not, you are there to chant and meditate all day

There is a lot of poverty in Fairfield, Iowa, A hallmark of testimonies is the bankruptcies due to the sheer cost of the TM programs employees are forced to do. The Yogi found that he didn't have many repeat customers so what he did was force the teachers to continue doing courses and charging them. There is extreme social pressure to do courses, to donate to the organization or invest in 4000 dollar prayer ceremony. Again there is overseers here. The staff members live in a trailer park called Utopia. All the trailers entrances are facing east to protect them from demons. Down the road, maybe a mile down, is Mansion Drive. That's where most of the higher ups live. The higher one goes, the more costly the programs become. Enlightenment costs money, and the more one buys TM products, the more one has status in the organization.

So the school that teaches people to levitate is called the Maharishi University of Management it is an accredited university similar to Scientology's Hubbard College of Administration International. The

campus has no Wi-Fi. Wi-Fi disrupts brainwave functions. 146TM at one point where proponents of 5g conspiracy theories, I don’t know if they still are. The teachers have no benefits,147 No health insurance. No retirement plans. No social security. They're wages are unimaginably slim and they can barely afford there trailers. The trailers, which rest in a field is filled with bugs and field mice and when it rains, the roofs leak. It is heaven on earth.

TM has assets ranging in the billions. They have literal palaces, acres of land in Iowa for GMO-free food, a luxury international HQ in Switzerland, bank accounts in Zurich, London and Jersey, factories in Germany and Austria.148

TM heads have been reported to have a fleet of Mercedes, Royles Royce's, helicopters, and private jets149 and an airport called Maharishi Internation. Of course, they will not be needing the jets as they will soon be able to fly. Trust me guys this is a thing the need to rent out in the interim. But in the meantime... they have jets. Alot of their money is in offshore accounts. all other banks must be south facing or something.

According to a personal memo leaked by WikiLeaks. “We do not give out anything free... If you don’t charge, wealthy people won’t come.”150 Now if you want to donate to TM, for meditation or world peace you can do that. But why would you? But let's just say hypothetically. If you want to donate to world peace through bouncing on your butt you can donate in increments, they call it bonds, world peace bonds.

Bronze is $ 1,000, Silver $ 25,000, Gold $ 50,000, Platinum $ 75,000, Diamond $100,000. 151

Tony Nader and Maharishi claimed to be part of a holy tradition.152 Behind them they have murals of great philosophers of the Hindu tradition.153 They write about a long line of wisemen sharing this same knowledge that they are selling. Now, if you would go to the forecourt at the Temple of Apollo at Delphi upon the building it will read “know thyself.” According to TM it’s not a message about humility, as it’s commonly seen even by Plato. It’s about Hindu meta-physics.154 Jesus Christ said that the kingdom of heaven is in you, what does that mean? Why he is referring to meditation of course!155 Specifically Transcendental Meditation! According to journalist and author Kurt Vonnegut Jr. who spoke to the Maharishi, Maharishi didn’t care about Jesus’s teachings.156 He actually made a point not to care. But who am I to say? Tm is also what enlightened the Buddha according to TM. All of this is a bit of an anachronism, considering the director of the David Lynch Foundation, Bob Roth in court documents said that the mantras was made up by the Maharishi in the 1950’s.

Either way.

In testimonies we often hear westerners compare Maharishi to someone like Jesus. 157His successor. Tony Nader, to a muchmuchmuch lesser extent. This has been a problem after the Maharishi died Tony couldn't muster up the same charisma.

However, there are still true believers and the leaders are given a messianic status among the group, once indoctrinated a victim of the organization can easily overlook the contradictions of the leader's quest for status and fortune. The leaders are seen as unaccountable to authority. There is no law, only their appointed divine law. No US Constitution, only their own Constitution. They call it the Constitution of the Universe, which is synonymous with God.158 This constitution is something that the leaders are free to interpret at their leisure.

"Oh! Socrates wasn't into the whole democracy thing. Oh wow, great argument there Tony! Socrates was also historically against people writing. So why don't you just shut the fuck up!!!

It's funny how you never see him standing up. He's always sitting down. That's so strange... OH THEY NEVER FILM HIM STANDING UP BECAUSE HE'S SO TINY!

(laughing) okay, just give me a moment (now. hysterically) Hey... *out of breath* how long does it take for Tony Nader to screw in a lightbulb? Never. He sits in the dark and pretends to be enlightened. *bum dum tish*

Oh.

But the year is 2009 and David Lynch is using his celebrity in order to push TM's lordship out of secrecy and into normalcy. TM is paying ignorant celebrities to recommend their product. During this time in order to spread world peace David Lynch would build "Peace Palaces". Enter Raja Emanual. This one is from Germany. And he just waltz's in and the crowd doesn't know what to make of him. They just stare at him. Like, you can just tell that the crowd is wondering if he's here with some freshly baked crescent rolls. They are just waiting for David Lynch to poke his belly.

We have made contact ladies and gentlemen. The earth has stood still. And then, just ariving from planet Krypton, He just waltzes up to the podium and announces that he's the king and ruler of Germany. Naturally, Germans... they have a storied history with totalitarian rulers. So, they have a bit of a problem with this. And he just looks at the crowd, "like why are you not taking me seriously? I have a hat on?" 159

So, what are the politics of these kings?

No queens.160 They are gross and they have cooties and therefore they can't legislate but they can sit beside their husband. The Global Country of World Peace is a political establishment based on wealth and being born with a dick. The organization says that they will be the overseers of cosmic life. That they will be the governors of the laws of nature and not deal with the politics of the everyday. Their jobs as kings according to some, to midwife the world peace process by sending off good vibrations. Which begs the question, why do they need crowns for that? Why do they need palaces? Why do they model their buildings like parliamentary buildings? Why do they have political parties? Why did the King of America run for president multiple times? Why do they need a one world currency? Why would they want their own sovereign country? Why do they have manifestos on the correct way to rule? What do they mean that they want to govern on Natural Law? Are they trying to propose a theocracy?

Well, they have crowns on their heads, they call themselves kings, they propose systems where they will bring heaven on earth. It's not a mystery, these wackadoodles want to rule the world.

"Raja Raam is the ruler of the world."

Yes, David Lynch is in a secret society that wants to bring about kings of nations that want to rule over the world.

These Kings where appointed by the Maharishi and are the logical conclusion to the Maharishi Mahesh Yogi's thoughts on government. According to the yogi, "Demise of democracy will be a sign of rising coherence in world consciousness.

Specifically, "...the demise of the democratic system of administration, particularly in India—the world's largest democracy. 'Damn democracy,' Maharishi said. 'It is a waste of energy, a waste of time, and a waste of hope. It is the greatest crime against the life of a country.'161

So, pack it in folks, bow down to the feet of king Tony Nader.

Yeah, Tm has been at this for a while. The Transcendental Meditation Organization at one point brought about a theocratic political party in India. The Ajeya Bharat party or the Invincible India party ran on a theocratical mode of government saying that the Holy Vedas are what should be governing the laws of India. For those who don't know the word Vedic is equivalent to Hinduism. Because the Holy Vedas are a Hindu text. "Everything in India should be (Captial V) Vedic. Administration, Education, Health-Care System, Defense, Economics, Foreign Policy, Agriculture, means of livelihood, etc. 162

And here is most likely the political ideology of Transcendental Meditation's kings. The goal here is to rule, like a king over a nation, ruling under their understanding of the Vedas as the Laws of Nature. Transcendental Meditation no longer have political parties.

However Transcendental Meditation seems to be still active in politics, at least behind the scenes. In India Transcendental Meditation is headed by Girish Varma the nephew of the Late Yogi. That's him with David Lynch.163

He was given a special title of Vedic Vidya Martand by Hindu nationalists as seen on this front cover of this newspaper.164 According to survivor Mike Doughney in a June 2022 presentation on the TM organization, "Government ministries in India directly support the TM organization. Portions of fees collected from TM instruction, up to ten percent is sent off shore and eventually helps Hindu fundamentalist schools in India." Varma has close relationships with right wing Hindutva organizations.165 Most notably Maharishi had an audience with high level ranking members of the anti-muslim Vishva Hindu Parishad group who shares a similar logo to TM. 166

This group is most notable for blowing up mosques, digging up Muslim remains, and building on the burial sites.167 This isn't the only ties TM has with authoritarian leaders. Here's Varma with Narendra Modi, the right-wing totalitarian, anti-democratic Prime Minister and TMer.168 So, although no one in their right mind would ever take these idiots seriously, there are many despots who are rightfully out of their right mind. According to Doughney when one spends money on a mantra it's backing Modi's anti-democratic efforts.169 There is also a bunch of weird stuff with money and suitcases and how TMers have said they have gone to India with no understanding as to where that money is going.170 I suppose if your company carries mysterious breifcases around it's expected that you risk critics questioning where there going. I don't know. TM doesn't like paying taxes. It's called Transcendental Mitigation.

Around the same time as the Invincible India Party another astroturfed political organization came about called the Natural Law Party.171

The Natural Law Party wasn't as much a political movement as an advertisement, and a call for lower tax rates. Natural Law had funding unlike other third parties so they got on more ballots and could cast a wider net. Democratic Presidential contender Marriam Williamson, new age self-help guru was once part of the Natural Law Party. If that surprises you, I don't know what to tell you. 172

The King of America ran for president three times never getting one percent of the vote.173 Dead fucking lasts every fucking time. This was in 1992, 1996, and 2000. One after another.174 In 1992 he lost to this guy, who literally had a warrant on him.175

Watching these debates are crazy, no one challenges the King of America. I believe only Canadians knew what Yogic Flying was at the time. And like why would they? How would they know that this guy is a part of a secret society and that he wears a crown? I read the Natural Law Party book there is no mention of one world governments or anything wacky like that.176 There's mention of Yogic flying but it doesn't go out of it's way to tell you what it means. There is some stuff about limiting military intervention and brief mentions of TM products. They don't even mention what Natural Law means. Natural Law means an impersonal God. Back in the 90's Former Magician, Doug Henning, 12

hour a day meditator, talked about doing away with the Constitution of Canada and replacing it with yogic flyers.

Doug Henning was a multiple award-winning magician. He had his own show on Broadway. Discovered Transcendental Meditation and sold his magician tools for the chance to have the ability to fly.177 After not picking up any momentum in the political world the Maharishi told him of an idea. The Maharishi had just come back from Disneyland. He wanted to build a theme park, but this one would be different because it would be a theme park built on ancient Vedic science. According to the Illustrated Weekly of India, “(the TM organization planned) the park's centerpiece to be a pink pavilion that would levitate 15 or 20 feet above a lake, supported simply by water...”178 As well as “a ride on a celestial chariot similar to Indra’s fabled carriage. The carriage will have 11 horses and have the capacity to carry 120 people at a time. ‘Yogic powers' would cause the chariot to grow. smaller and smaller as it would fly through Vedaland, eventually landing on a rose petal and transporting its passengers ‘deeper and deeper into the finer levels of reality’.179 They mention a golf course, a water park and a map of India the size of four football fields.180 Was it a scam to get donations for an impossible project?181 I don’t think for Doug. I’ve heard that Doug Henning was a really nice guy. He died from liver cancer after being told to only use herbal supplements to cure it. It was treatable. He was 52. 182

Most people who watch my stuff live in America. So, this is your new king. Nope, you don’t get to vote for your king.

His name is Dr. John Heaglin. And like... did TM have to make the hats? It’s a thing you have to special order, right? Then, why did they choose the design that makes everyone think of the Burger King crown?

Doing research on Dr. John Heaglin I watched the movie “What The Bleep do We Know?”183 He stars in it. It ends with a woman becoming enlightened and throwing away her medication. He’s that kind of doctor.

I can’t think of the word for it... Oh it’s going to bug me...”

THANK YOU!

Dr. John Heaglin was a once respected scientist. His former colleagues now despise him, because he started pairing ancient Hindu beliefs with quantum theory.184 These claims have no basis in fact.185 Like imagine making field altering works and then your former research partner claims bouncing on his butt can bring world peace. His work is where this graph that David Lynch is talking about comes from.186 Lynch fans may recognize it. The question is what does this all mean. Okay, David Lynch is interested in what we call “reality”, What philosophers call metaphysics.

So, this circle is me, this circle is you, this circle is David Lynch. This is a person, this is a place, this is a thing, and even the space in-between things are also a thing here.

And all these circles and the space between circles represent all the things in all world. And they occupy one cosmic body.

We are going to call this cosmic body “god” or the capital the “A” Absolute.

We as single souls understand the world as separate and distinct from each other. But to nondualists, to the Hindu religion of Advaita Vedanta, to David Lynch, to Transcendental Meditation we all occupy a cosmic body that is god’s brain. There is only one true thing and that’s god’s brain thinking our world. The true nature of the world is sensory illusionary. No hay Banda, there is no band it’s all an illusion. You are just one thing. there is no individuality in the true reality just one cosmic body. This mental misunderstanding is called Maya, or that which is not.

The true nature of the world is capital O One. You are that. Tm is based in this religious idea, that we all make up the totality of God. This cosmic body is everything, me-you- god. Non-dual.

Or How David Lynch puts it:

“We are like the dreamers who dreams who live inside a dream.” All we perceive is a false reality, the real reality is unmanifest, unperceivable. The true nature is beyond the senses WHAT DAVID LYNCH calls the kingdom of heaven. Tm believes through meditation one can get to deeper levels into the totality of God and go to the true reality of the world which is heaven. That’s what meditation is to them, a telephone line to God.

Now, in the 1970’s actual scientists, actual doctors, theorized about what is in the make-up of the atom. They proposed a system called the unified field.188 This field holds all particles together in one field. Kinda like how water holds rubber duckies afloat. Rubber duckies are our atoms, the field is the water. This theory is yet to be proven.

Transcendental Meditation jumped on this idea and paired it with non-dualism. Nondualists believe all is one cosmic body, the Unified Field theory also believes all is one body. TM thinks that Maya is particles or rubber duckies and the field holding them together is the true nature of the world. What they think is heaven is the field.

This is why Doug Henning believed he could make a building float.189 That’s what he cited, No Hay Banda, there is no band it’s all an illusion. Our reality is illusionary. Why is David Lynch a surrealist? Well, that’s up to interpretation, but most likely because he’s interested in the dream-like nature of the world. “We are like the dreamers who Dream who live inside a dream” 190 That’s a line from the Upanishads, a holy text. The pairing of an unproven theory in science with the Holy Vedas makes up

TM’s religious framework. However, it’s not science, no matter how hard they try to make it out to be. Literally no respected theoretical physist believes what Transcendental Meditation believes.191 People can not walk through walls or fly.

TITLE: THE “SCIENCE” OF MANTRAS

TM doesn’t believe meditation is an altered state of mind like a hypnotic spell. It’s a process of being one with the cosmic body or GOD. To TM everything isn’t made of different materials it’s made out of one material dreaming up stuff in different forms. This material is consciousness in a giant god brain. Everything is a giant God brain and everything is consciousness.

So, those prayers, those mantras. They take you down to the field below to the kingdom of heaven, beyond the illusionary particles that make up the world, where you extract greater and greater forms of spirit. 192

The goal is liberation from rebirth cycles. What does that mean? Well, Life is suffering, reincarnation is more suffering, this practice allows you once your die to be, either in a better next life or liberated into the kingdom of heaven. If one meditates enough, if one spends enough, once one dies one can enter the kingdom of heaven to become one with the totality that is God. 193

Now, Hindu Prayers, Hindu Rituals, Hindu Metaphysics, questions of reincarnation, birth and death cycles, and liberation of one's self is religious. And that’s fine. And I would say facinating and beautiful. But David Lynch wants this meditation practice in places like inner city schools, which would make it not fine. That is what I’m arguing. I am also arguing that selling meditation is immoral, god belongs to everyone.

Most of these celebrities don’t or didn’t know what’s going on behind the scenes. Look at Oprah’s reaction when she sees barracks. Here check out this awkard cut. It’s clear that TM has final cut over whats being released here, atleast in my opinion. The video stops when shes see the people chanting. I’m guessing she was uncomfortable with it.

TM was built on celebrity endorsements. To the average consumer mindfulness is equivalent to mindset, so mindset is equivalent to wealth. Then one spends a couple hundred dollars or sometimesthere life savings for more wealth. David Lynch advertises it as such, calling it money in the bank.194 A person sees Ellen DeGeneres, and they say, “hey, she looks like a calm and collected person!”

Having this meditation being expensive also gives the appearance that people who are successful practice Transcendental Meditation. Rather than they are the only ones who can afford it. When advertising their product the TM corporation favors more opulent newspapers, and magazines.195 I’m willing to bet they have the same business model for websites.

The David Lynch Foundation is associated with TM and gives people in positions of disparity TM. People donate to David Lynch’s Foundation which gives that money to TM. 196

TM could just give away their services for free, they could just give away the meditation online via video, but they don’t want to do that because the goal is to overcharge for meditation in the guise of

looking like a charity. If you donate to TM to build peace palaces, which are like meditation centers, there are still going make money off of what they built. You're just paying a billion dollar corporation's overhead. 197

Also, I must underline that it doesn't take 500 to 1000 dollars to teach a person meditation. But you knew that. Meditation at the Maharishi Mahesh Yogi's old monastery is given out for free. There is so much salt at the monastery about what's going on here. Look at this guy have you seen a monk this angry? According to the boys at Jyotir math charging to learn meditation is heresy. It's morally wrong. It's literally like selling the air. 198

Choke on a dick BOB ROTH I have your fucking taxes.

The Maharishi Spiritual Regeneration Movement" (SRM) as far back as 1959, said that, "This corporation is a religious one, and the charitable nature of the corporation is to provide a means of such instruction to worthy persons sincerely desirous of leading a more spiritual life..."199 Yes, Transcendental Meditation something that came from something called the Spiritual Regeneration Movement is in fact spiritual.

As for the mantras, back in 1955, the Maharishi Mahesh Yogi wrote plain as fucking day that "There are some special sounds which have the added efficacy of producing vibrations whose effects are found to be congenial to our way of life. This is the scientific reason we do not select any word at random. For our practice we select only the suitable mantras of personal Gods. Such mantras fetch to us the grace of personal Gods and make us happier in every walk of life.200" Okay, listen, there will be people in the comment section below saying that this is not a religious group. That there is nothing religious about it. That putting this in schools is not a violation of the first amendment and that David Lynch can do know wrong. But the Maharishi Mahesh Yogi would disagree. At least when he did not have a personal stake to lie back in 1955. Transcendental Meditation is a form of Neo-Advaita Vedanta. That's what it is.

Oh my god it looks like he is the type of guy who shaves dogs in his bathroom.

Apparently, TM says, to learn TM one has to learn it one on one with a teacher. So there goes your hope of just learning it online. But remember I named this chapter "Everything is a fucking lie" So guess what, the TM people don't actually believe that their mantras are necessary to reach the transcendent. The goal is to have people pray to their gods, that's the goal. The Maharshi himself in a speech, while pointing to a microphone

"We can take any word. Even the word "mike" can be taken. By reducing the sound of the word "mike" to its subtler and still subtler stages and allowing the mind to go on experiencing all the stages one by one, the mind can be trained to be so sharp as to enter into the subtlest stage of the sound 'mike', transcending will automatically get into the realm of Sat-Chidanandam and experience it."201 Yep, all bullshit. Sat chit Annada for those who do not know is pure bliss consciousness, meaning that the

founder of the Transcendental Meditation organization knew full well that one didn’t have to learn transcendental meditation to transcend into meditation. This leads me to only one believe. The goal is to profit off prayer and have people pray to gods they do not pray to. Win-win.

This disproves the silliest of notions that you can’t learn it from a youtube video. Any word can be used. No puja needed. If one is to take the Maharishi Mahesh Yogi at his word, his true word, that means that all the people who need meditation right now can get meditation. Which is great! Meditation is such a good thing!!! `

Meditation practices are as old as the written language, probably older. Meditation as a product is always kind of funny to me. Meditation is not a commodity. TM markets their meditation as simple. However, there is some double- think here because you need an instructor to learn it and you will not reach the transcendent just by learning it from a friend or a YouTube video. Or conveniently any place where you learn it for free. And what a wonderful thing it must be for them to have a product that is a Schrödinger's cat. It is both the simplest thing to unlock and the weird puzzle box from hellraiser.

If anyone is selling you a pathway to liberation, or a pathway to God, or a pathway to supernatural abilities. Run. Donate to the communal bucket if you want and only if you want, but a connection to God should be free.

The Yogi’s charisma was other worldly, stories abound of his special power over people. Sometimes being described as having almost supernatural powers. People called him the embodiment of love, happiness, and harmony. He had a large following before celebrities followed him, but people followed him because of the Beatles. In his later years he seemed to resent The Beatles. Which is funny to me. The Maharishi died pretty much alone, couped up in a single room of a luxury palace. Barking orders and throwing temper tantrums to his underlings. There is a delicious irony in a man so obsessed with surrounding himself with people only to hide away in a lonely room and die. Is this truly an enlightened man? If he is enlightened, why is he scolding the interviewer for bruising his ego?

So how on earth did this man get so charismatic? We’ll I would argue he was never charismatic. His voice sounds like a bagpipe weezing. But how he speaks is important. Okay, when I first heard it, I was in bed watching some old video elements. It was 4 in the morning. I was half asleep. I don’t know what enlightenment is. I don’t know what being tazed feels like but that’s what it felt like. May I borrow a phrase? A snake transformed into a rope. You are meditating 6-8 hours a day. Saying the same word in your head over and over and over again. Now listen to how he speaks:

(We go word by word showing the audience he is repeating himself to hypnotize the audience)

--- and it’s like this for hours. The rhythmic hypnotic repetitive wording must be what is drawing people in. This goes to show you that words are words, and they have no innate properties to them, mystical, or otherwise. So much so, that the Maharishi uses similar linguistic tricks to expand the spell of hypnosis from one's own mantras to whatever he says. He’s just repeating words like the initiates repeat mantras.

As far as charisma goes, the Yogi isn't a good speaker in the traditional sense. He's boring. What he has to say is just the same five things over and over again, his goal is to sell you stuff. But saying the same thing over and over is a way of having the listener dropping ones guard. The use of unnatural pauses… is interesting. He uses it often. So much so that I have to edit around everything he says. I think it's because he's tired from meditating all the time. But he also uses it to signify humbleness, I think. He would pause at a difficult question and suggest an easy answer. It doesn't matter if it's a good answer, the flourish is what matters.

Now racism is a factor here. To many white westerner he is alien. These long pauses feel to me as a way for him to not jump into a conversation, in fact we are inviting him in subconsciously when he does these abnormally long pauses. These manners might have come from his experiences in colonial India, language is power and it serves those who can invite themselves into a conversation. Furthermore the unnatural pauses is a powerful tool of control over the listener. It's hard to hear empty air.

The Maharishi Mahesh Yogi knows how one should speak. "The art of speaking obviously consists of: speaking with a minimum consumption of energy; speaking rightly; speaking harmoniously; speaking pleasantly; speaking powerfully; speaking usefully; and speaking in such a manner that the speaker remains free from the binding influence of speech." 202

This means when speaking one has to be divorced from thought and thinking and just quack out a response. This is what novelist George Orwell describes as Duck-speak. A agreeableness without thinking "a noise uttered in unconsciousness." Like quacking like a duck.203

As for the Mantras, Dr. Steven Hassan writes how they can be used as a thought stopping ritual when doubt arises.204 To challenge your ideology is hard and a painful process to do. The meditator focuses on the mantra quelling doubt, dissent and reason. It's a more socially acceptable way of plugging your ear holes screaming "lalalala! Im not listening!" All you have to do is quietly nod your head and recite your mantra. Mind over matter is an incredible thing. Buddhist monks can do incredible feats just by meditating. The Maharishi's Guru, Guru Dev sat next to a raging beehive and meditated all day. 205

Mantra meditation is great because meditation helps with the pain of cancer and stuff but it's bad if it's used to stop people from focusing on something that can be harming them.

Another thing you see is thought stopping cliches. "We agree to disagree." "To each his own, it's a matter of opinion." David Lynch's art is a matter of opinion. Gravity isn't.

One of the qualities to a totalistic environment according to Robert J Lifton is the loading of language, with specific jargon only known to the group. 206

The utilization of language as a tool for control and power is paramount and can't be understated. Double speak is TM's most commonly used tool of language manipulation. Now a person doesn't commit suicide a person: "graduates", or "drops the body." The Transcendental Meditation Organization sees suicides of their members and attributes it to the "unstressing" of karma.

Looking through documents there is a whole new language devised to manipulate and soften the wording of the undemocratic power structures that the rulers put forth. Once understood it becomes clear they believe not only are they the interpreters of God's will, but they are themselves divinity.

TM pairs quack science with Hinduism. Imagine a group of people who do not believe in gravity as a constant making physics papers. There are hundreds of them, and if you have curosury understanding quantum physics they are hilarious. In interviews Lynch sometimes busts out a chart and a large sharpie. Why is David Lynch so into electricity?

Because the Unified Field, a field that is everything is an electromagnetic field and electricity is used as a Greek choir to the dramatic events going on. Because characters embody this field, their divisions and associations play out visually through the primary force of the Unified Field, which is a field of electricity.

So, when David Lynch talks about Vedic Science it's equivalent to something like Christian science or rather creationism. It's not science.207 Like that is not a matter of opinion, this is religion. David Lynch here flubs and says it himself. Like when I am writing this in a script, I must capitalize what they call this: The Science of Creative Intelligence the same way I must capitalize God, or Allah. Because when David Lynch uses the phrase Creative Intelligence, or the Absolute, or Being, or Total Bliss, or Consciousness, he means God. This is a form of Loading language. He's taking a real-life scientific idea (called the unified field) that hasn't been proven and then saying not only that it has been proven, but that it proves why TM is so effective as a "proven" meditation technique. This whole thing is just nonsense, mumbo-jumbo, shall I say gobbledygook, dare I say argle-bargle, may I be obliged to call this applesauce.

The TM Org uses loaded language with scientific jargon to describe there religion. Loaded language serves several purposes:

1. Relabels or redefines meanings

2. Shuts down critical thinking ability

3. Further isolates the group, making it difficult to communicate with outsiders

4. Shuts down descenting opinion making it hard to articulate what oposing opinion.

5. This confusion primes people to be more susceptible to states of hypnosis.

That confusion, yeah, it's supposed to be that way. It's, in my opinion, why it exists. TM is the exact same as any other mantra meditation, the only difference is the value that TM creates by TM valuing itself.

Here's how the King of America, Dr. John Hagelin introduces himself to the audience. Think back, has any professional ever listed their credentials like that? The goal here was never to talk about science; it's a way to make a product sound scientific and cutting edge. And who are you to question what this man is saying if you don't know the meaning of half of the jargon he is using.

Well, I do.

(david lynch doing his whole TM shpell at 5000x speed)

Let me put it into the simplest definition of what David Lynch is trying to get at. Transcendental meditation believes that through meditating they can reach into the space in between atoms. That your essence of your very soul will be one with the cosmic body.

And if your wondering why David Lynch didn't just say that, well, good question.

The late Maharishi ever since the 1970's promised a plan for world peace. This was given credence by Dr. John Haglin, the King of America. He wrote a science paper about quantum physics and how it's linked to Hindu ideas.208 There is not a single thing that can't be solved by bouncing on your butt in and saying a word in your head. Terrorism, economic collapse, wars, human trafficers, poverty, theivery, riots, global warming, If we can put the square root of 1 percent of the populace in a meditation circle, world peace could happen.

Around the 1990's the group tried to prove this theory by having people gather in Washington DC and bounce on their butt for hours.209 This peace breeding group was supposed to stop violent crime, however. It did not, violent crime increased, murders, rapes, increased. It was the bloodiest in the city's history. So going by their logic, not my logic. Not by anyone's logic, certainly not by logic. Transcendental Meditation increases violence in a population. If you do Transcendental Meditation, or yogic flying you are at risk of hurting other people in the unified cosmic body.

Instead of getting real crime statistics they just kind said fuck it. So, they pointed to the newspapers and saw how many people died from violent crime that day and compared and contrasted it. Then they where quick to publish there results. Now.... this isn't how one is supposed to get statistics. Once their methodology came under question. They still stated that they prevented violent crime. Now they can't prove they prevented something that never occurred. So, what's their proof? Well, fucking magnets, of course it was magnets. Whenever you see a seminar on TM Lynch and Hagelin always mention this study. Like they are fucking proud of it. Like they tell you they did the study but lie about the results of the study and the methodology of the study.

TM is in such a bad place with their studies on yogic flying they fail and then they brag about failing. Dr. David Orme-Johnson, a doctor who is a proponent of the Maharishi Effect, compiled the best of the best when it comes to... wait... this is done by all the same people!?!! All the people are from the Maharishi University. There either faculty or students. That's weird. 40 studies and all of this research comes from one source. See, the thing about why science is wonderful is that it is peer-reviewed. Not just a group of schoolmates, but by many people across academia. So, what does academia have to say about these peace breeding groups? According to Dr. Heinz Pagels, who was the Executive Director of the New York Academy of Science. He states that" (TM's)...recent ideas of theoretical physics... are false and profoundly misleading. No qualified physicist that I know would claim to find such a connection without knowingly committing fraud." So, we have to ask ourselves, is this fraud? Is Dr. John Heaglin committing fraud when he is saying jumping up and down on your butt will cause world peace? IS IT FRAUD? IS IT FRAUD? HMMMMM... HMMM....

According to Evan Fales and Barry Markovski at the University of Iowa “(The Maharishi Effect is) ill-constructed and not compelling in view of prior knowledge; the evidence offered is not impressive and mundane alternative hypotheses offer plausible explanations for the findings. Only if its data were above suspicion, and no alternative explanations were known, would the Maharishi Effect theory warrant any significant confidence in its truth. It is only by acquiring evidence of sufficient quality and quantity, rendering any thought of its rejection irrational, that the heterodox theory ultimately can triumph.”

So this leads us to another question. Does the leaders believe in any of this? Well, they must considering they send people into bombed out warzones. I can not reach into Tony’s head pull it out and read his mind, however, I can run a thought experiment.

TM organization hasn’t found a tragedy they didn’t want to exploit. But for this thought experiment I’m choosing Kosovo. Because why not? In the 90’s there was this war in Kosovo. To stop the war, TM said they needed 10,000 butt bouncers. But they needed 30,000,000 dollars from the government. So attentive watchers might be asking? Why? Didn’t that one guy say he thinks that TM might be worth ten billion? And those attentive people, also know that 10 billion is a much larger number than 30 million. In fact, the lowest reliable figure of their assets is roughly 4 billion. When I look at that number that means

a: that the entire organization didn’t have 30 million dollars in April 1999.

b. they did have 30 million, but they didn’t want to stop the killing of 15,000 people and the displacement of many more

c. they don’t actually believe that spending 30 million dollars would have any effect on peace, therefore they did not spend it.

Well, we can almost rule out “A” because we know through personal testimonies that just single people have donated upwards of 150 million dollars. Chances are they got the money. So, what about b? Well, why wouldn’t they want to spend it? If I had the solution to world peace, not only would I be incentivized by creating a better world, but I would get a lot of money and fame and recognition because of my findings. 30 million would be a short-term loss! This leads me to C. which makes me believe that they don’t believe what they are saying. That they are lying liars who lie. I don’t believe the higher ups in this organization are victims. They are the exploiters. So where does all this money actually go? One person invested in an ashram of 8000 people in an effort to spread peace through the electromagnetic field. Filmmaker David Sieveking went to check inside to find that they were a bit short ….by 7992 people. Why? Because they don’t believe this.

Of course, they don’t. They spend their whole professional lives instructing people to bounce on their butt for world peace. During this time, if they ever believed this to begin with, they would have checked the FBI crime statistics in the Fairfield area. According to FBI crime statistics we can plainly see that crime is not just average, but considerably higher in Fairfield than all communities relative to Iowa and larger than 94% of Iowa cities and towns. Looking at Fairfield similarly sized populations, violent crime and property crimes combined per thousand residents stood out as higher than most. Does

that mean we have a bunch of meditation maniacs out there? No, the Maharishi Effect doesn't work on the largest butt bouncing group on the planet.
ohn Knapp "People jumping out of buildings thinking that they could fly."

I thoroughly believe that the psychosis from long term meditation can bring about suicidal ideations alone. The science is there, but, most likely it's because of a variety of different reasons. Mental illness has to be a factor here.

I'm not a sociologist or a doctor or anything but I have talked to a fair amount of TMers. So, allow me to opine:

(1) We have people who could be prone to mental illness as they are seeking stress relief, something TM advertises to counter.

(2) TM has a culture of anti-psychology so therefore people are being told to not take their anti-psychotics

(3) TM prescribes herbal remedies and has a vested interest in solving problems with begin treatment.

(4) the long-term effect of meditation elevates dopamine which brings about effects akin to schizophrenia.

(5) dissociation and mentally harmful effects are said to be encouraged as a way of enlightenment. which may lead to situations where someone lights themselves on fire or shoots another meditator because they think they are conspiring against them to not fly.

According to Shuvender Sem "A doctor prescribed me what he called ayurvedic treatment. as a Hindu, I was already familiar with it. "According to (the TM doctor), the symptoms were the manifested stress of my mind and body, and I needed to calm myself down."

Shuevender Sem stabbed a student. He used a ball point pen. This was during a lecture on world peace. Luckily for the other student, let's just call him Jim. Jim was okay. Jim used his hand to block the blow to his neck. It landed on his face instead. The staff didn't report it to the police or ask for an ambulance, instead Jim drove himself to the hospital. Which is really weird. Jim got 7 stitches. The reason Sem stabbed Jim was that there according to Sem, there was a microchip in planted in his brain. Sem was off his medication for quite some time instead taking Maharishi Aryuvedic herbal supplements to cure his micro-chip.

According to Sem, he told the staff that he had schizophrenia.

The Maharishi University knew full well he had schizophrenia.

After stabbing Jim, Sem was pulled off of by a group of students. Sem after getting instructions from a voice in his head to apologize immediately. One of the instructors, Dr. Boothby pulled him aside, informed Sem he was using an improper technique when completing his TM exercises and then he called the Dean Joel Wynsong. Sem was rightfully expelled, but not before Sem was given a tall glass of almond milk to balance him out. On Wynsong's desk lay a paring knife. The dean left Sem in the room unattended.
The door was unlocked. Sem feeling that he hadn't yet completed his mission went to the Dining Hall.

Along the way the dean followed him. The dean let him mingle with other people. Then, In front of students. In front of staff members. In front of administrators. In front of some 20 – 30 people. Sem stabbed a 19-year-old man enjoying a vegetarian dinner. Sem stabbed him once in the back and then Sem continued to stab him 3 more times until he was restrained by the students. Not the dean, of course, but the students. After Sem was arrested Sem pleaded insanity and the judge agreed.

TM in an effort to profit off of alternate medicine begun a war against science. In an effort to make life saving surgery look dangerous. They printed out stacks of studies on medical complications and proposed meditation instead. There proposal is a full replacement of what they call “western medicine” with Aryuveda herbal supplements. Aryuveda herbal supplements are not overseen by the FDA and by there admission. These products are not intended to diagnose, treat, cure, or prevent any disease. So that means any illness whatsoever. 64% of Ayurvedic remedies sold in India are contaminated with significant amounts of heavy metals like mercury, arsenic, and cadmium and a 2015 study of users in the United States who found elevated blood lead levels in 40% of those tested."

TM is so anti-vaccine... they created a biological event. There was a school vacation to India. A man got measles. No one had their measles shots, because good thoughts and Vedic medicine was superior to “western medicine”. To this day pandemic scientists study it and cite it and put it in sociology books. And while thank fucking god almighty Tony Nader sent out a memo, yes, a memo about the importance of a covid shot. It’s sad that the barest of minimums is worth celebrating. While this may not come as a surprise to you being the head of the organization thinks the brain is shaped as Hindu deities, religion overtakes science here. One of the worst offenders was this guy Deepak Chopra who left the movement after a power struggle. His belief system and influence is still there though. Chopra has likened aging to a learned behavior, invented AIDS treatments that can be treated with Ayruvedic suppliments. Stated much like the Maharishi that one can gain "perfect health", a condition "that is free from disease, that never feels pain". He invented the idea of quantum healing. He claims "ability of one mode of consciousness (the mind) to spontaneously correct the mistakes in another mode of consciousness (the body)"

According to one testimony by Bronte Baxter, alienated flower child. “People gave up dreams of love and a family to follow their guru’s advice, believing they were serving their enlightenment and the highest social good. My best friend, intensely in love with her husband, was divorced by him when the monastic programs started. He became a celibate, while my friend tried to live as a nun with her broken heart. Within months she developed cancer, dying a couple years later. She forewent Western treatment to pursue an alternative healing system: Ayurveda, India’s ancient “world medicine” which then was being revived by Maharishi. Her physician was Deepak Chopra, at the time TM’s poster boy and its leading Ayurvedic physician. My friend Sharon withered away and died, but Ayurveda grew in popularity.”

Fade to black

----------FIGURE OUT A ENDING DUMB, DUMB----------

TITLES:“Shantih, Shantih, Shantih”

FADE TO BLACK.

THE END.